

# U14 VMFL/VCFL Spring Flag Football Receiver & QB skills clinics

*1 player & 1 coach per U14 team per clinic*

**wk 1 - Coquitlam Jamboree - noon to 1:15 pm - Receivers**

**Percy Perry Stadium - North End Zone**



**BC Lions' Marco Iannuzzi #87**

Developing outstanding Receiver skills

Marco will cover off skills & drills youth football players need to excel as a receiver

Catching with no drops, route running with deception and more



**wk 2 - North Delta Jamboree - noon to 1:15 pm - QBs**

**John Oliver Field - East End Zone**



**#1 QB clinic in Canada (CanadaFootballChat.com)**



Becoming an elite youth Quarterback

Coach Prepchuk will cover off skills & drills youth football QBs need to develop rock solid fundamentals

Throwing with velocity & accuracy, handling the ball & not fumbling, moving & not being sacked

Both clinics are limited to 1 player & 1 coach from each VMFL/VCFL U14 team

be early to sign in & bring your own football

normally attendance to clinics of this caliber are \$75 per player - included with 2013 VMFL/VCFL Spring Flag fees